



Innovators in Beauty

evolvemedspa.com

What is a Dermaplane?

Dermaplane is a non-invasive treatment great for removing vellus hair (peach fuzz), dead skin cells on the surface of the skin, and achieving brighter smoother, skin by using a medical blade. It's the perfect lunchtime treatment.

Before Your Evolve Med Spa Dermaplane Treatment

- Please inform us prior to your treatment if you're using any topical or oral medications for your face, you have any skin allergies, you have or are prone to developing cold sores. You will have to reschedule if you have an active cold sore or skin breakout.

After Your Evolve Med Spa Dermaplane Treatment

- Immediately after your treatment, your skin may be sensitive for a few minutes. After this, you will notice smooth, glowing skin.
- Use a gentle skin cleanser such as Cetaphil for 3 days following the treatment.
- Continue to use your regular moisturizer. Consider adding a hydrating product such as SkinMedica's HA5 Rejuvenating Hydrator. Your skincare products will penetrate more effectively after your dermaplane treatment.
- Limit sun exposure for the first 3 days after your treatment, and use a mineral-based sunscreen such as SkinMedica's essential Defense Everyday Clear Broad Spectrum SPF 47.
- Avoid swimming, intense workouts and saunas for 2 days post treatment.
- If the area peels or flakes, do not pick or scrub, the dead skin will exfoliate naturally.
- Do not wax within the first week after your treatment.
- You can get a chemical peel, Botox, and/or Filler right after a Dermaplane Treatment