



Innovators in Beauty

evolvemedspa.com

What is Morpheus8?

Morpheus8 is a minimally invasive skin rejuvenation procedure that pairs microneedling with radiofrequency (RF) energy. It uses tiny needles to deliver RF energy deep into your skin, creating micro injuries that trigger your body's natural healing response and promote production of new collagen and elastin, to firm and remodel skin. Morpheus8 can improve the appearance of fine lines and wrinkles, tighten lax skin, smooth out rough or uneven skin texture, treat hyperpigmentation and acne scarring, help fade stretch marks, and even reduce some fat. For optimal results you'll need a series of up to three sessions, spaced 4-6 weeks apart.

Before your Evolve Med Spa Morpheus8 Treatment

- One week prior to treatment avoid Advil, Aleve, Aspirin, Motrin, Vitamin E, fish oil, St. John's Wort, and other non-steroidal anti-inflammatory products. You may take Tylenol (acetaminophen) as needed for pain (do not exceed 3000mg/ day).
- Three days prior to treatment discontinue any active skincare products such as Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol (Vitamin A), Vitamin C, and exfoliators.
- Do not apply any lotion, powder, oils, or other products day of treatment.
- No prolonged sun exposure, to the area being treated. A treatment will not be administered on sunburned skin.

After your Evolve Med Spa Morpheus8 Treatment

- Immediately after your treatment, you will look and feel like you have a moderate sunburn.
- Skin may feel warm and tighter than usual. Redness and swelling may last for 3-4 days.
- Skin may crust and peel for 3-7 days after treatment.
- Wear a clean mask and use a clean pillowcase after treatment.
- For the next 24 hours avoid intentional and direct sunlight, no exercising or strenuous activity, no swimming, wash face with only lukewarm water, keep skin moisturized.
- For the next 48 hours do not use any Alpha Hydroxy Acids, Beta Hydroxy Acids, Retinol (Vitamin A), Vitamin C or anything perceived as active skincare.
- Use a physical sunscreen with SPH 30 such as, SkinMedica Essential Defense Mineral Shield SPF 32, at all times and reapply often.
- Makeup can be applied 2 days after the treatment. Clean makeup brushes prior to using.