



Innovators in Beauty

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What is Sculptra “Butt Lift”?

Sculptra is an injectable solution that triggers the production of collagen, which helps build natural looking volume in areas of the buttocks that can lose volume over time, such as hip dips. After your Sculptra treatment at Evolve Med Spa, collagen production gradually increases over the following months, making the volume-enhancing results of the treatment apparent over time. Sculptra can help improve the appearance of sagging skin and improve the contour of the buttocks, and creates a subtly fuller, more rounded appearance. The results can last for 2 to 5 years. In most patients a total of 2-3 treatments is needed, with approximately 10 vials per treatment. Most clients need at least 20 vials to get a noticeable result. These treatments are typically spaced about 6 weeks apart. Results are subtle, gradual, and natural looking, making this a good option for those wishing to avoid an unnatural surgical result and downtime.

Before Your Evolve Med Spa Sculptra “Butt Lift” Treatment

- Please inform your Provider of all medical conditions, medications you are taking, skin disorders, autoimmune conditions, allergies, history of anaphylaxis, and any other medical problems. If you’ve started any antibiotics or other medications since your initial visit with us, please let us know.
- Please reschedule your treatment if you are pregnant or breastfeeding; have an active shingle or infection of the area; have an autoimmune disorder; actively undergoing chemotherapy or radiation or within the last 12 months.
- Please plan your treatment to allow for 3-4 weeks of potential swelling, soreness and bruising.
- To help decrease your chance of bruising avoid Advil, Aleve, Aspirin, Motrin, Vitamin E, fish oil, St. John's Wort, and other non-steroidal anti-inflammatory products 5 days prior to treatment. Do not stop taking any medications that have been prescribed to you without first discussing it with your prescribing physician.
- It is also recommended to avoid drinking alcoholic beverages 48 hours before treatment to reduce chances of bruising.
- To further help reduce the chance of bruising; start taking oral Arnica 7-10 days before treatment. Take as directed on the bottle.
- Tylenol will not increase the chance of bruising and is preferred for the week prior to treatment. To help with possible discomfort, you may take acetaminophen (i.e. Tylenol) one hour prior to your scheduled appointment. Do not take more than 3000mg of acetaminophen/Tylenol in a 24-hour period.
- We recommend wearing dark colored pants the day of the procedure, as it is normal for a small amount of fluid to leak out of the injection sites following the procedure.

After Your Evolve Med Spa Sculptra “Butt Lift” Treatment

- Treated areas may be red, swollen, and bruised for the first 2-14 days.
- Do massage the treated areas 5 times a day for about 5 minutes for 5 days after treatment.
- You may leak small amounts of fluid from the injection sites. This is normal.
- Avoid strenuous workouts and alcohol for 24 hours.
- A few days after treatment, the injected volume will absorb and you will look as you did before treatment. This is normal. Your body will gradually build collagen in the treatment areas and full results may be seen in about 3 months.
- We want you to have an outstanding result. Call our office if you experience any concerns or have any questions