



Innovators in Beauty

evolvemedspa.com

What is Sculptra?

Sculptra is an injectable solution that triggers the production of collagen, which helps rebuild the areas affected by age-related volume loss and sagging. After your Sculptra treatment at Evolve Med Spa, collagen production gradually increases, making the volume-enhancing results of the treatment apparent over time. Sculptra can help improve the appearance of hollowness and creates a fuller, more youthful appearance. Sculptra has longer lasting results than some other cosmetic hyaluronic acid dermal fillers. The results can last for up between 2 to 5 years. In most clients a total of 6 vials is needed split between 3 treatments 6 weeks apart.

Before Your Evolve Med Spa Sculptra Treatment

- Please inform your Provider of all medical conditions, medications you are taking, skin disorders, autoimmune conditions, allergies, history of anaphylaxis, and any other medical problems. If you've started any antibiotics or other medications since your initial visit with us, please let us know.
- Please reschedule if you are pregnant or breastfeeding; have an autoimmune disorder; have an active cold sore/fever blister or shingles; actively undergoing chemotherapy or radiation or within the last 12 months.
- Please plan your treatment to allow for several days of potential swelling, soreness and bruising.
- To help decrease your chance of bruising avoid Advil, Aleve, Aspirin, Motrin, Vitamin E, fish oil, St. John's Wort, and other non-steroidal anti-inflammatory products 5 days prior to treatment. Do not stop taking any medications that have been prescribed to you without first discussing it with your prescribing physician.
- It is also recommended to avoid drinking alcoholic beverages 48 hours before treatment to reduce chances of bruising.
- To further help reduce the chance of bruising; start taking oral Arnica 7-10 days before treatment. Take as directed on the bottle.
- Tylenol will not increase the chance of bruising and is preferred for the week prior to treatment. To help with possible discomfort, you may take acetaminophen (i.e. Tylenol) one hour prior to your scheduled appointment. Do not take more than 3000mg of acetaminophen/Tylenol in a 24-hour period.

After Your Sculptra Treatment

- Do massage the treated areas 5 times a day for about 5 minutes for 5 days after treatment.
- Following your procedure, you may experience soreness in the jaw and in the treated area, which may last for several days. You may hold ice packs on the treated areas gently for several seconds at a time to minimize discomfort.
- Treated areas may be red, swollen, and bruised for the first 2-14 days.
- You may apply makeup a few hours following the treatment.
- Avoid strenuous workouts and alcohol for 24 hours.
- You may leak small amounts of fluid from the injection sites. This is normal.
- A few days after treatment, the injected volume will absorb and you will look as you did before treatment. This is normal. Your body will gradually build collagen in the treatment areas and full results may be seen in about 3 months.

Follow-Up Treatments

- Follow up treatments should be scheduled every 6 weeks until treatment is completed (2-3 treatments for desired correction is normal).
- Visible results may not be seen until 2-3 sessions have been completed.
- Results can last between 2 and 5 years.