

My Wedding Prep Checklist

9-12 Months

- Laser Hair Removal (6+ Sessions)
- CoolSculpting® Elite (6+ sessions)
- Radiesse BBL™ (2+ sessions)
- At-home Skincare Regimen

6-9 Months

- Microneedling/Morpheus 8, Chemical Peels or IPL (3 sessions, each 4-6 weeks apart)
- EmSculpt Neo (weekly, 6+ sessions) or Cryo Slimming
- Weight Loss Program

4 Months

- Wrinkle Relaxer Treatment

4-6 Weeks

- DiamondGlow, Cryofacial or Hydrafacial
- Wrinkle Relaxer Treatment (after facial treatment)

2-3 Months

- Lip filler
- Facial fillers

3-5 Days

- Dermaplaning
- DiamondGlow, Cryofacial, Hydrafacial or mild facial

Our services will have you feeling **confident** and looking **radiant** for your upcoming special day.



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Book your complimentary consultation today to start your wedding preparation!

(800) 867-8015
evolvemedspa.com